

**CULVER CITY SPEAKER SERIES 12.11.19**

# HEALTHY COMMUNITIES

WATCH THE VIDEO



HABERMAN  
SLIDES



RAMIREZ  
SLIDES



McCARTHY  
SLIDES



KELLY  
SLIDES



The City of Culver City is hosting an exciting Speaker Series on critical issues affecting the City, the region, and beyond. Culver City's [General Plan Update](#) will set a vision, goals, and policies around topics such as mobility, urban design, social equity, housing affordability, emergency preparedness, parking pricing, and much more. The entire community is invited to join in the discussion! [Access written summaries and videos for past events on the Speaker Series page.](#)

On Wednesday, December 11, Culver City held a panel on 'Health Communities.' The evening began with a presentation by [Stephanie Ramirez](#), Associate State Director of Community with [AARP California](#). She talked about some ways that Culver City could improve to better support residents age 65 and older. In a survey conducted in 2014 by the AARP, 78% of members expressed an interest in staying in their current residence for as long as possible. Ramirez discussed several issues to address as we design our community to support aging in place. Key among them are housing affordability and transportation. The lack of affordable housing makes the goal of aging in place more difficult to attain, particularly for renters on a fixed income. Transportation infrastructure that supports non-drivers is also needed for older adults who either choose not to drive or outlive their driving privileges.

Access to affordable housing and to streets that are safe for walking and biking improves the health of everyone in our community. As noted by [Gayle Haberman](#), Director of the [Office of Planning, Evaluation, and Development in the Los Angeles County Department of Public Health](#), these are two examples of how our physical environment affects our health. She stressed the need to set public health goals and to carefully consider how they can be achieved through such means as land use planning and housing policies. She went into detail about the public health benefits of designing streets that are safe for walking and biking, as well as the impact of parks on public health. Other public health considerations that she discussed were oil drilling and the health risks associated with living near an oil field and mass incarceration and the need to divert people to care instead of prison.

[Louise McCarthy](#), President & CEO of the [Community Clinic Association of Los Angeles County \(CCLAC\)](#), described how access to affordable housing and transportation affects patients of LA's community clinics and health centers, which provide care for people regardless of their ability to pay. She also discussed how her organization works to mitigate social determinants of health and provided the example of partnering with other community agencies such as the [Westside Regional Center](#), which was represented on the panel by [Tom Kelly](#), Interim Executive Director. In his presentation, Kelly spoke of the need to integrate people with disabilities into the community and noted that access to housing and transportation are key concerns, in addition to health care and employment. His talk was centered on one initiative that his agency has implemented to encourage employment of people with disabilities - their [Paid Internship Program \(PIP\)](#), which promotes integration into the community through paid employment.

We would like to extend our appreciation to the [Exceptional Children's Foundation](#) for hosting and to [Sprouts](#) for feeding everyone. Save the date for our next event, 'The Mobility Revolution' with [John Rossant](#), scheduled for Thursday, January 30 at 6:30 PM. [Learn more about it and RSVP here.](#)

**Stay informed at**  
[culvercity.org/speakerseries](http://culvercity.org/speakerseries)



## additional resources

### Los Angeles County Department of Public Health Reports

- [Implementing the City of LA's Mobility Plan 2035: Public Health Implications](#)
- [Initiative Ordinance JJJ: Affordable and Transit-Oriented Housing Policies for the City of Los Angeles](#)
- [Measure H: Preventing and Reducing Homelessness in Los Angeles County](#)
- [Public Health and Safety Risks of Oil and Gas Facilities in Los Angeles County](#)

### Other reports and plans on public health issues

- [Department of Public Health Center for Health Impact Evaluation](#)
- [Department of Public Health Office of Health Assessment and Epidemiology](#)



Job board and resume distribution service for people seeking jobs in community health centers



AARP Network of Age-Friendly States and Communities  
Culver City joined in 2018